

Summary of Tools Developed by the WNY Falls Prevention Consortium in 2008

I. Fall Risk Screening Questions

This tool was developed for use as a quick assessment of fall risk in older adults. It includes the most important three questions that indicate if an older adult would benefit from a more comprehensive falls risk assessment.

II. Falls Assessment and Mobility Visit Form

This form includes three sections

1. ***Patient Falls Mobility Form*** – This section is to be completed by the patient or caregiver – This form is often used after an older adult has completed the Fall Risk Screening Questions and there was an indication they would benefit from more comprehensive screening. This form may be completed in the waiting room before the older adult is seen by the physician. This tool is provided in English and Spanish
2. ***Clinician Falls Mobility Form*** – This section is to be completed by the clinician in support of the form previously completed by the patient. The Assessment work group selected these assessment screens based on best practice research as a quick way to assess falls risk among older adults in a primary care setting.
3. ***Clinician Instructions*** – Following the completion of the Clinician Falls Mobility Form these instructions support the primary care provider as he/she interprets this form and determines the level of falls risk present in an older adult.

III. Step Up to Stop Falls -- Self Management Brochure

The Community Education Work Group developed this brochure for use with older adults to allow for self assessment of falls risk and education on important falls risk actions that can be taken. The document is based on four steps to reduce falls risk:

1. Learn what you can do to prevent falls
2. Check your risk for falls
3. Make your home safer
4. Do balance exercises daily

This brochure is available in English and Spanish.

The *Step Up to Stop Falls* Brochure and the Falls Risk Screening Question form were printed by Grover Cleveland Press in Buffalo. If you are interested in reprinting these documents for use in your community please contact Mike Degen at mike@groverclevelandpress.com. The printer can edit the documents to include your local organizational name and contact information as required.